



Invoke Yoga & Pilates 200-Hour Yoga Teacher Training (YTT) Application

Please read through the enclosed materials, complete this entire application, and submit the following to:

Invoke Yoga & Pilates
Fall 2010 YTT
970 Ft. Wayne Ave., Suite C
Indianapolis, IN 46202
Attn: Eric Bryant

- Completed Teacher Training Application
- 2 current letters of recommendation (one from a current yoga teacher, the other from someone who knows you and is not a family member)
- \$50 non-refundable application fee, payable in check or money order (upon acceptance, application fee will be applied toward tuition)

Physical Requirements

- Minimum one year of consistent yoga practice
- Familiarity with vinyasa yoga
- Ability to do *Urdhva Dhanurasana (Wheel Pose)*, *Sirsasana A (Headstand)* (not using wall), *Adho Mukha Vrksasana (Handstand)* and *Pincha Mayurasana (Forearm Balance)* (either at wall or away from wall), or provide letter stating reasons why you are not able, or not permitted, to practice these asana. (*This requirement may not preclude your acceptance into **Invoke YTT**, however it provides an insight into your abilities as a yoga practitioner, and your dedication to your practice*)

Acceptance Notification

Space is limited to 15 applicants. Applicants will be notified of their acceptance into the **Invoke YTT** program by email, and must confirm their acceptance within 14 days of notification, or one week prior to start of program. If acceptance is not confirmed within this timeframe, spot may be offered to another applicant.

Tuition Payments

Total tuition for **Invoke YTT** is \$2,995.00 (US currency). Tuition includes all required classes, including a number of weekly yoga classes at Invoke Yoga & Pilates for the duration of **Invoke YTT** program. **Restrictions:** These classes may not be transferred, you may not use them for a guest, and you may not roll them over from week to week. If you fail to use the classes during a particular week, you will forfeit them.

We recognize that everyone's situation is unique, so to help accommodate your personal financial situation, we offer different payment options. Upon acceptance and confirmation, the following options are available:

8 weeks prior to start of program	Early Bird! You may make one total payment of \$2,700 less \$50 application fee. You will also receive the added bonus of unlimited yoga classes at Invoke Yoga & Pilates throughout Invoke YTT program (<i>See Restrictions</i>)
4 weeks prior to start of program	Deadline for applications. If already accepted, you may make: <ul style="list-style-type: none">• One total payment of \$2,995 less \$50 application fee (includes 3 weekly Invoke Yoga classes; <i>See Restrictions</i>), or• Three equal payments of \$981.67
1 week prior to start of program	<ul style="list-style-type: none">• All participants must be accepted and confirmed.• Final payment is due.

Tuition Refunds

Application fee is non-refundable.

Once you have confirmed your acceptance, if you cancel your participation:

8 weeks prior to start of program	Full refund less \$50 application fee
4 weeks prior to start of program	Refund of all money less: <ul style="list-style-type: none">• \$50 application fee• \$100 processing fee for any payments made
2 weeks prior to start of program	Refund of 50% of any payments made
1 week prior to start of program and beyond	No refunds available

Questions? Please contact Eric Bryant at eric@consciouswarrior.com



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Please neatly print the following information, or provide information on separate typed page.

Name _____

Address _____

City/State/Zip _____

Phone Numbers _____ (H / M / W)

(please list in order of preference) _____ (H / M / W)

_____ (H / M / W)

Email _____

Date of Birth _____

1. How long have you been practicing yoga?

2. Please provide information regarding your yoga experience and background:

School/Style	Teacher(s)	Number of Years
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3. Please provide information on any workshops or other yoga training you have taken:

School/Style	Teacher(s)	Number of Years
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4. What do you do for a living? What is your educational background?

5. Why are you interested in taking the **Invoke YTT**?

6. Have you taught yoga in the past? If so, when and where?

7. The nature of this training is physically demanding. Do you have any injuries, physical conditions or special challenges that we should be aware of?

8. Are you currently under a medical doctor's care, and would you be able to get a signed release from your doctor to participate in this training?

9. Please write a short essay (1-2 paragraphs) describing how your yoga practice has changed, influenced or enhanced another area of your life (*please use back, or attach a separate sheet*).

By signing below, I am confirming that:

- I have read all of the materials enclosed in this package
- I meet all of the Requirements set forth in this application
- I agree to all the terms and conditions listed

Signature

Date